# Frederick County Child Health Partnership Minutes

**Date:** May 22, 2008

Location: Maryland Cooperative Extension Office, 330 Montevue Lane, Frederick, MD

Attendees: Jackie Douge, Dan Nallo, Rebecca Comstock, Marylou Stone, Angie Blair, Darylle

Smoot, Barbara Brittain

### 1- Committee Reports

- Resource Committee: Marylou reported on progress of resource guide. Goal for completion is Fall 2008.
- FCCHP Webpage committee: Angie stated that the webpage is active. It includes agenda, minutes, membership and information about the partnership.
- Healthy City Module: Angie reported that the website is available. Web address: <a href="www.co.frederick.md.us\fit">www.co.frederick.md.us\fit</a>. There are future needs for the website such as ability to collect statistics and some enhancements.

### 2- Healthy City Module

• Review above committee reports.

# 3- Survey Results: Thank you for participating in survey

- Meetings will change to bimonthly on the 4<sup>th</sup> Thursday of the Month starting in July.
- Goals for 2008-2009
  - -(1) Marketing of Partnership
    - Possible strategies include flyers, posters, public service announcements,
    - Distribute information to health professionals,
    - Utilize current partners and other agencies,
    - Email will go out to recruit committee members for establishment of Marketing Committee
  - -(2) Grant funding
    - Write grants to obtain funding for programs and projects to support healthy life style choices for individuals within the Frederick County community
  - -(3) Invite speakers to discuss what is going on in the County to address sidewalks, biking and walking trails
    - Zoning and planning
    - Parks and Recs
- Other suggestions were to develop a Speakers Bureau. The speakers bureau would include members of the partnership that could go out and discuss the partnership, resources for physical activity, speak to PTAs and schools

# 4- Proclamation: May 27, 2008 at 8:30 am at Board of County Commissioners, Winchester Hall

- May is National Physical Fitness and Sports Month.
- Opie the Otter will be making an appearance.
- Members of the partnership are invited to attend.

# 5- Agency Sharing

- Angie passed out flyer on Asthma Workshop for families living with asthma: Date- June 11, 2008 6-8 pm. Location: Community Room C. Burr Artz Public Library. Register: call The American Lung Association of Maryland 1-800-642-1184, ext 214.
- Families Plus!: Barbara Brittain shared some of the activities that the organization is involved in such as Dinner with the Doctor, Dinner with the Dentist, Childbirth education classes, series of programs on health at Fort Detrick.
- Girl Scouts: Darylle Smoot discussed the Growing Strong Program that teaches Girl Scouts about healthy eating. Girl scouts can earn a badge by participating.
- Frederick County YMCA: September they will have activities for Frederick on the Move Week; 2009 YMCA will develop a Youth Fitness Center

#### 6. New members

- Darylle Smoot- Girl Scouts
- Barbara Brittain-Families Plus!

Next Meeting: July 24, 2008 from 9:00-10:30 am at the MD Coop Extension Office, 330 Montevue Lane, Frederick, MD.

Meetings will be bimonthly on the 4<sup>th</sup> Thursday of the Month